Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Desender Victor

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:3, starttime: 14:05

Heat: 3/14 Lane : 1 Athlete: DHONT THEODORE **Q-time: 01:41:95**

PB (25m pool): 01:41.95 Diksmuide 28/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.93		01:41.95	
		00:47.93		*00:54.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:7, starttime: 14:15

Heat: 7/14 Lane : 4 Athlete: MICHELS LOUIS **Q-time: 01:27:29**

PB (25m pool): 01:27.29 Brugge 04/10/2026 **PB (50m pool):** 01:32.16 **SB:** 01:27.29 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.57		01:27.29	
		00:41.57		*00:45.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:2, starttime: 14:30

Heat: 2/18 Lane : 5 Athlete: BEAUPREZ ELOISE **Q-time: 01:34:47**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:6, starttime: 15:10

Heat: 6/13 Lane : 2 Athlete: VAN TIEGHEM SUZAN — **Q-time: 00:43:10**

PB (25m pool): 00:43.10 Brugge 04/10/2026 **PB (50m pool):** 00:46.31 **SB:** 00:43.10 Brugge 04/10/2026

	25 M	50 M	
PB		00:43.10	
	00:43.10		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:9, starttime: 15:15

Heat: 9/13 Lane : 3 Athlete: DEVOLDER ALICE — **Q-time: 00:40:68**

PB (25m pool): 00:40.76 Brugge 04/10/2026 **PB (50m pool):** 00:40.68 **SB:** 00:40.76 Brugge 04/10/2026

	25 M	50 M	
PB		00:40.76	
	00:40.76		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:2, starttime: 15:20

Heat: 2/16 Lane : 4 Athlete: MICHELS LOUIS — **Q-time: 00:39:80**

PB (25m pool): 00:42.05 DIKSMUIDE 30/11/2025 **PB (50m pool):** 00:39.80 **SB:** no time

	25 M	50 M	
PB		00:42.05	
	00:42.05		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:4, starttime: 15:50

Heat: 4/13 Lane : 5 Athlete: VAN HULLE ENID — **Q-time: 03:05:39**

PB (25m pool): 03:05.39 Meulebeke 25/10/2026 **PB (50m pool):** no time **SB:** 03:05.39 Meulebeke 25/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.83		01:31.25		no time		03:05.39
	00:43.83		*00:47.42*					
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:12, starttime: 16:50

Heat: 12/12 Lane : 2 Athlete: SCHRAMME ARTHUR — **Q-time: 01:12:64**

PB (25m pool): 01:12.64 Brugge 04/10/2026 — **PB (50m pool):** 01:19.75 **SB:** 01:12.64 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.65		01:12.64	
		00:34.65		*00:37.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:12, starttime: 16:50

Heat: 12/12 Lane : 5 Athlete: DURAND JACK — **Q-time: 01:12:24**

PB (25m pool): 01:12.24 Brugge 04/10/2026 — **PB (50m pool):** 01:16.43 **SB:** 01:12.24 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.69		01:12.24	
		00:34.69		*00:37.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 7 Athlete: DEVOLDER ALICE — **Q-time: 01:50:38**

PB (25m pool): 01:50.38 Brugge 04/10/2026 — **PB (50m pool):** 01:57.54 **SB:** 01:50.38 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.97		01:50.38	
		00:50.97		*00:59.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:9, starttime: 17:15

Heat: 9/15 Lane : 6 Athlete: POSTOLACHI MARIE-LOU — **Q-time: 01:41:76**

PB (25m pool): 01:42.72 Diksmuide 08/02/2026 — **PB (50m pool):** 01:41.76 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.34		01:42.72	
		00:48.34		*00:54.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 **Heat:15, starttime: 17:25**

Heat: 15/15 Lane : 1 Athlete: VAN TIEGHEM SUZAN **Q-time: 01:31:32**

PB (25m pool): 01:31.32 Brugge 04/10/2026 **PB (50m pool):** 01:31.35 **SB:** 01:31.32 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:41.47		01:31.32	
		00:41.47		*00:49.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: